

A woman with her hair in a ponytail, wearing a black and white striped long-sleeved shirt, is standing on a wooden walkway of a suspension bridge. She is looking down at a smartphone in her right hand and holding a coffee cup in her left hand. The background shows the bridge's steel structure and a cityscape under a bright sky.

# All over it

**Stay on top of your health care benefits**  
It's easier with the Aetna Health<sup>SM</sup> app



# You're in charge

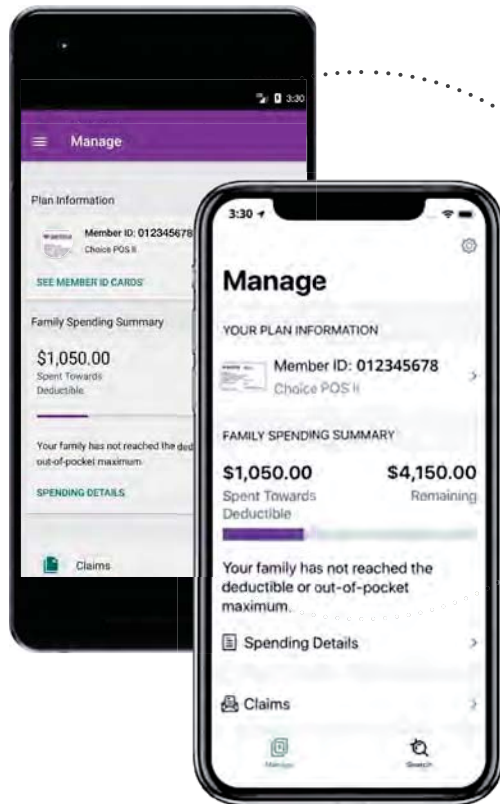
Staying healthy is important. So is keeping track of your benefits. But with everything else you have going on, managing it all can be a challenge.

The Aetna Health app can help. From finding a doctor to checking the status of your health care spending, the app is your all-in-one resource for information and inspiration.

See for yourself how the app can make it easier to manage your health and benefits.



Text **"AETNA"** to **90156** to receive a link to download the Aetna Health app. (Message and data rates may apply.)\*



View benefits and pay claims for your whole family



Search for providers, procedures and medications



Get cost estimates before you get care



Track spending and progress toward meeting your deductible



Speak with a doctor 24/7 — from anywhere\*\*



Access your member ID card whenever you need it

\*Terms and Conditions: [bit.ly/2n1JFYG](https://bit.ly/2n1JFYG). Privacy Policy: [aetna.com/legal-notices/privacy.html](https://aetna.com/legal-notices/privacy.html).

\*\*Available only in the U.S. to members with access to Teladoc® services.

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